



4

WR

5-9 | 186



ZAY FLOWERS

COLLEGE: BOSTON COLLEGE

AGE: 26 HOMETOWN: FORT LAUDERDALE, FL

EXP. (NFL/RAVENS): 4/4 GP/GS (PLAYOFFS): 54/51 (2/2)



— KEY TRANSACTIONS —

- Signed a multi-year contract extension on 8/5/26
- Zay Flowers was selected by the Ravens in the first round (22nd overall) of the 2023 NFL Draft

— HONORS —

- Two-time Pro Bowler (2024-25)
- Pepsi Zero Sugar Rookie of the Week (Week 17, 2023)

— CAREER HIGHLIGHTS —

- Started all 17 games for the Ravens in 2025, tallying team highs and career bests in receptions (86) and receiving yards (1,211), to go along with 5 receiving TDs...Earned his second-consecutive Pro Bowl nod, ranking 11th in the NFL in receptions and seventh in receiving yards...Became the first Raven to notch multiple 1,000-yard campaigns within the first three seasons of an NFL career
- Tallied his 100th-career reception in his 21st-career game, becoming the fastest player in Ravens history (21 games) to reach the mark
- Tied WR Torrey Smith (19 games) as the fastest player in Ravens history to reach 1,000 career receiving yards
- Played in all 17 games (15 starts) in 2024, recording 74 receptions for 1,059 yards and 4 TDs, en route to his first-career Pro Bowl nod...Recorded five games with at least 100 receiving yards, tied for the most in the NFL and tied with Mark Andrews (2021) for the most such games in Ravens single-season history...Contributed to an offense that ranked No. 1 in the NFL in yards per game (424.9), yards per play (6.8 – third-best single-season mark in NFL history) and red zone efficiency (74.2%) and No. 3 in points per game (30.5), while setting a franchise single-season record with 7,224 net yards
- Started in 16 games in 2023, registering Ravens rookie records in catches (77) and receiving yards (858), while adding 6 total TDs (5 receiving and 1 rushing)...His Ravens rookie-record marks in catches (third) and receiving yards (fourth) each ranked Top 5 among 2023 first-year NFL WRs...Was one of six Ravens to eclipse 300 receiving yards, as Baltimore tied (Cincinnati, Detroit, Green Bay and Washington) for the NFL's most players reaching that mark...Contributed to an offense that ranked fourth in scoring (28.4 ppg) and No. 6 in total yards (370.4 ypg)

— PERSONAL —

- Xavien "Zay" Kevonn Flowers was the 11th of 14 children (10 boys and 4 girls) born to Willie Flowers and the late Jackie Walden
- Wears the No. 4 because he is the fourth youngest of 14 kids

- Attended University School (Fort Lauderdale, FL), where he played varsity HS football with Georgia RB Kenny McIntosh, who was selected in the seventh round of the 2023 NFL Draft by the Seattle Seahawks...During his senior year, Flowers also played with Brandon Inniss and Marcus Tate
- First fell in love with basketball and was a two-sport athlete in high school...Played alongside NBA players Scottie Barnes and Vernon Carey Jr., as well as Michigan basketball players, Jace and Jett Howard
- Received multiple NIL deals to transfer after his junior year, but stayed at Boston College for his senior year to become the first in his family to graduate from college
- Majored in communications at Boston College

— 2026 SEASON HIGHLIGHTS —

- Logged 53 yards on a game-high 8 receptions and 1 carry for 13 yards in the 30-23 OT victory at Atl. (10/11)...Became the third Raven to record at least 400 receiving yards in the first four games played of a season, joining Torrey Smith (435 in 2013) and Steve Smith Sr. (429 in 2014)
- Notched 10 receptions for a team-high 118 yards and 1 TD in the 24-18 victory vs. Ten. (10/4)...Caught a 19-yard TD pass, capping off a 6-play, 81-yard drive ...Reeled in a 52-yard reception to set up TE Mark Andrews' 3-yard TD catch in the second quarter, eclipsing 100 receiving yards for the second time this season and the 11th time in his career...His 11 games with 100+ receiving yards are the most in franchise history, surpassing Mark Andrews (10)
- Posted 5 catches for a team-high 89 yards in the 34-31 victory at Dal. in Rio (9/27), including a clutch 27-yarder with :07 remaining in regulation to set up K Tyler Loop's game-winning 56-yard FG...Added 1 carry for 20 yards
- Registered a career-high 150 yards on 5 receptions in the season-opening win at Ind. (9/13), all of which were recorded in the first half (left the game due to a hamstring injury)...His 150 yards are the second-most receiving yards in a first half in franchise history, trailing only Derrick Alexander's 166 (12/1/96 vs. Pit.)...With a 54-yard catch-and-run TD, he eclipsed 100 yards for the 10th time in his career, tying Mark Andrews and Mark Clayton for the most 100-yard receiving games in Ravens history...Four of his first-half receptions went for at least 15 yards (49, 17, 18 and 54 yards), tied with Steve Smith Sr. (9/20/15 at Oak.) for the most first-half explosive receptions by a Raven...It marked the first 150-yard receiving game by a Raven since Steve Smith Sr. on 9/27/15 vs. Cin.

4 ZAY FLOWERS

ZAY FLOWERS' NFL REGULAR SEASON RUSHING/RECEIVING STATISTICS

DATE	TEAM	GP	GS	RECEIVING					RUSHING				
				NO.	YDS.	AVG.	LG	TD	NO.	YDS.	AVG.	LG	TD
2023	Ravens	16	16	77	858	11.1	75t	5	8	56	7.0	37t	1
2024	Ravens	17	15	74	1,059	14.3	53t	4	9	56	6.2	19	0
2025	Ravens	17	17	86	1,211	14.1	64t	5	10	62	6.2	18t	1
2026	Ravens	4	3	26	405	15.6	54t	2	2	33	16.5	20	0
NFL TOTALS		54	51	263	3,533	13.4	75T	16	29	207	7.1	37T	2

ZAY FLOWERS' NFL POSTSEASON RUSHING/RECEIVING STATISTICS

DATE	TEAM	GP	GS	RECEIVING					RUSHING				
				NO.	YDS.	AVG.	LG	TD	NO.	YDS.	AVG.	LG	TD
2023	Ravens	2	2	9	156	17.3	54	1	2	4	2.0	3	0
2024	Ravens	0	0	0	0	0.0	0	0	0	0	0.0	0	0
NFL TOTALS		2	2	9	156	17.3	54	1	2	4	2.0	3	0

ZAY FLOWERS' SINGLE-GAME HIGHS: RUSHING/RECEIVING

Rush Attempts

2 vs. New York Jets, Nov 23, 2025
...3 more at 2.

Rushing Yards

37 at Los Angeles Chargers, Nov 26, 2023

Longest Runs

37t at Los Angeles Chargers, Nov 26, 2023

Rushing TDs

1 at Los Angeles Chargers, Nov 26, 2023

Receptions

9 vs. Washington Commanders, Oct 13, 2024
...2 more at 9.

Receiving Yards

150 at Indianapolis Colts, Sep 13, 2026

Receiving Average

35.3 vs. Miami Dolphins, Dec 31, 2023

Longest Receptions

75t vs. Miami Dolphins, Dec 31, 2023

Receiving TDs

2 at Pittsburgh Steelers, Jan 04, 2026
...1 more at 2.

All-Purpose Yards

151 at Buffalo Bills, Sep 07, 2025

Most TDs

2 at Pittsburgh Steelers, Jan 04, 2026

...2 more at 2.

Miscellaneous Tackles

1 vs. Houston Texans, Sep 10, 2023

Scrimmage Yards

151 at Buffalo Bills, Sep 07, 2025

ZAY FLOWERS' SINGLE-GAME HIGHS - POSTSEASON: RUSHING/RECEIVING

Rush Attempts

2 vs. Kansas City Chiefs, Jan 28, 2024

Rushing Yards

4 vs. Kansas City Chiefs, Jan 28, 2024

Longest Runs

3 vs. Kansas City Chiefs, Jan 28, 2024

Receptions

5 vs. Kansas City Chiefs, Jan 28, 2024

Receiving Yards

115 vs. Kansas City Chiefs, Jan 28, 2024

Receiving Average

23.0 vs. Kansas City Chiefs, Jan 28, 2024

Longest Receptions

54 vs. Kansas City Chiefs, Jan 28, 2024

Receiving TDs

1 vs. Kansas City Chiefs, Jan 28, 2024

All-Purpose Yards

119 vs. Kansas City Chiefs, Jan 28, 2024

Most TDs

1 vs. Kansas City Chiefs, Jan 28, 2024

ZAY FLOWERS' 100-YARD RECEIVING GAMES (11): REGULAR SEASON

DATE	TEAM	NO.	YDS.	AVG.	LG	TD
12/31/23	DOLPHINS	3	106	35.3	75t	1
10/06/24	at Bengals	7	111	15.9	26	0
10/13/24	COMMANDERS	9	132	14.7	44	0
10/27/24	at Browns	7	115	16.4	29	0
11/03/24	BRONCOS	5	127	25.4	53t	2
12/21/24	STEELERS	5	100	20.0	49	0
09/07/25	at Bills	7	143	20.4	39	1
12/07/25	STEELERS	8	124	15.5	35	0
01/04/26	at Steelers	4	138	34.5	64t	2
09/13/26	at Colts	5	150	30.0	54t	1
10/04/26	TITANS	8	118	14.8	52	1

ZAY FLOWERS' 100-YARD RECEIVING GAMES (1): POSTSEASON

DATE	TEAM	NO.	YDS.	AVG.	LG	TD
01/28/24	CHIEFS	5	115	23.0	54	1

4 ZAY FLOWERS

ZAY FLOWERS' 2026 GXG REGULAR-SEASON STATISTICS (RAVENS)

DATE	OPPONENT	P/S	RECEIVING					RUSHING					W/L	SCORE
			NO.	YDS.	AVG.	LG	TD	NO.	YDS.	AVG.	LG	TD		
09/13	at Colts	S	5	150	30.0	54t	1	0	0	0.0	0	0	W	41-23
09/20	Saints							ON INACTIVE LIST					L	17-24
09/27	at Cowboys	P	5	84	16.8	27	0	1	20	20.0	20	0	W	34-31
10/04	Titans	S	8	118	14.8	52	1	0	0	0.0	0	0	W	24-18
10/11	at Falcons	S	8	53	6.6	12	0	1	13	13.0	13	0	W	30-23+
2026 TOTALS		4-3	26	405	15.6	54T	2	2	33	16.5	20	0	4-1	

+ - Overtime