



74

G

6-4 | 330

JOHN SIMPSON

COLLEGE: CLEMSON

AGE: 29 HOMETOWN: CHARLESTON, SC

EXP. (NFL/RAVENS): 7/2 GP/GS (PLAYOFFS): 89/75 (3/3)



— KEY TRANSACTIONS —

- Signed a three-year contract (through 2028) with the Ravens on 3/12/26
- Signed a two-year contract with the Jets on 3/13/24
- Signed a Reserve/Future contract with Baltimore on 1/16/23
- Signed to Baltimore’s practice squad on 12/19/22
- Waived by Las Vegas on 12/10/22
- Originally selected by the Las Vegas Raiders in the fourth round (109th overall) of the 2020 NFL Draft

— CAREER HIGHLIGHTS —

- Started all 17 games at LG in 2025, where he was part of a starting OL unit that did not miss a game together...Marked the first time since 2012 that the Jets used the same OL combination in every game...Blocked for an offense that finished Top 10 in rushing average (123.3 ypg) and averaged 3.9 yards per carry against a stacked box (8+ defenders), the NFL’s fourth-highest rate and the highest by a Jets offense in the Next Gen Stats era (since 2016)
- Started all 17 games at LG in 2024 and was part of an OL that allowed pressure on just 6.4% of pass block snaps, the NFL’s fifth-best rate...Selected by the coaching staff as the recipient of the 2024 Selfless Warrior Award, given to the player who gives the most of himself for the team

- Started in all 17 games at LG in 2023, helping block for the NFL’s No. 1 rushing offense (156.6 ypg) and No. 4 scoring offense (28.4 ppg)
- Saw action in 11 games (two starts) for Las Vegas in 2022 prior to his Baltimore arrival (12/19/22)
- Started all 17 games and one postseason contest at LG in 2021, helping the 10-7 Raiders clinch their first winning season and playoff berth since 2016...Blocked for the NFL’s No. 6 passing offense (268.6 ypg), which finished with the league’s fourth-best completion percentage (68.3%)
- Appeared in seven games (two starts) in his rookie campaign in 2020, contributing to a Raiders offense that ranked No. 8 overall (383.3 ypg), No. 7 in passing (263.6 ypg) and No. 6 on third down (46.0%)

— PERSONAL —

- Became the first high school student to land a job at the Halls Chophouse in downtown Charleston, serving tables at the renowned establishment
- Interested in becoming a social worker or guidance counselor after his professional football career
- Joined North Charleston Mayor Keith Summey on April 7, 2016, to become “Mayor for the Day” and receive his key to the city

JOHN SIMPSON'S NFL REGULAR SEASON STATISTICS				
DATE	TEAM	GP	GS	
2020	Raiders	7	2	
2021	Raiders	17	17	
2022	Raiders	11	2	
Went from Las Vegas to Baltimore.				
2022	Ravens	0	0	
2022	TOTAL	11	2	
2023	Ravens	17	17	
2024	Jets	17	17	
2025	Jets	17	17	
2026	Ravens	3	3	
NFL TOTALS		89	75	

JOHN SIMPSON'S NFL POSTSEASON STATISTICS				
DATE	TEAM	GP	GS	
2021	Raiders	1	1	
2022	Ravens	0	0	
2023	Ravens	2	2	
NFL TOTALS		3	3	

JOHN SIMPSON'S 2026 GXG REGULAR-SEASON STATISTICS (RAVENS)				
DATE	OPPONENT	P/S	W/L	SCORE
09/13	at Colts	S	W	41-23
09/20	Saints	S	L	17-24
09/27	at Cowboys	S	W	34-31
2026 TOTALS		3-3	2-1	