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ZION YOUNG

COLLEGE: MISSOURI

AGE: 22 HOMETOWN: ATLANTA, GA

EXP. (NFL/RAVENS): ROOKIE GP/GS (PLAYOFFS): 5/0



— KEY TRANSACTIONS —

- Zion Young was selected by the Ravens in the second round (45th overall) of the 2026 NFL Draft

— COLLEGE HONORS —

- Senior Bowl Defensive Player of the Game (2026)
- First-team All-SEC by media (2025)
- Second-team All-SEC by coaches (2025)
- Team captain (2025)
- SEC Academic Honor Roll (2024)
- Academic All-Big Ten (2023)

— COLLEGE HIGHLIGHTS —

- In two seasons (2024-25) at Missouri, recorded 84 total tackles – including 22 TFL and 9 sacks (-75 yards) – 3 FFs, 1 FR and 5 PD in 26 games
- As a captain, led Mizzou with a team-high 6.5 sacks and 16.5 TFL in 2025, earning first-team All-SEC honors...His 17 QBHs ranked fourth in the nation and No. 1 in the SEC, helping Missouri produce the nation’s No. 8 overall defense (277.3 ypg allowed)
- Also earned SEC Defensive Lineman of the Week honors twice during his final season with the Tigers
- Prior to Missouri, played in 20 games (11 starts) over two seasons (2022-23) at Michigan State, finishing with 48 tackles, 6.5 TFL and 2.5 sacks

— PERSONAL —

- Graduated with a degree in general studies from Missouri
- Is the youngest of 11 children (four brothers and six sisters)
- Father (Frank), who served in the military, introduced Zion to football in elementary school and coached him throughout youth leagues
- Older sister, Diamond, won a shot-put state championship in high school and competed on the track team at Georgia Southern (2016-18)
- Attended Westlake (Atlanta) HS, a program that has produced multiple NFL first-round picks, including Ravens CB Nate Wiggins and Falcons CB A.J. Terrell...Has known Wiggins since they were 9 years old, playing both youth and high school football together

— NOTE THE QUOTE —

"Zion is a rugged, tough, physical player. I think he's just scratching the surface of what he can be as a player. I think there's a ton of upside there. I love his play style. He plays extremely hard and plays extremely physical. He's very powerful in the run game, meaning, when he strikes blocks, they go the other way. When people pull on him, and he strikes him, it's a train wreck."

— Head Coach Jesse Minter

— 2026 SEASON HIGHLIGHTS —

- Made his NFL debut in the 41-23 victory at Ind. (9/13)

Zion Young's NFL Regular Season Defensive Statistics																												
		Tackles										Interceptions					Fumbles				ST				Misc			
Date	Team	GP	GS	TK	S	A	TFL	YDS	SK	YDS	QBH	NO	YDS	LG	TD	PD	FF	FR	TD	YDS	TK	S	A	FF	FR	S	A	
2026	Ravens	5	0	9	3	6	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0	0	1	1	0	0	0	0	0	0
NFL Totals		5	0	9	3	6	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0	0	1	1	0	0	0	0	0	0

Total Tackles

Solo Tackles

3 at Dallas Cowboys, Sep 27, 2026

1 at Atlanta Falcons, Oct 11, 2026

...2 more at 1.

ZION YOUNG'S SINGLE-GAME HIGHS: DEFENSIVE

Special Teams Tackles

1 vs. New Orleans Saints, Sep 20, 2026

Zion Young's 2026 GXG Regular-Season Statistics (Ravens)																												
			Tackles								Interceptions					Fumbles				ST				Misc				
Date	Opponent	P/S	TK	S	A	SK	YDS	TFL	YDS	QBH	NO	YDS	LG	TD	PD	FF	FR	TD	YDS	TK	S	A	FF	FR	S	A	W/L	Score
09/13	at Colts	P	0	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	W	41-23
09/20	Saints	P	2	1	1	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	0	0	0	0	0	L	17-24
09/27	at Cowboys	P	3	1	2	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	W	34-31
10/04	Titans	P	2	0	2	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	W	24-18
10/11	at Falcons	P	2	1	1	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	W	30-23+
2026 Totals		5-0	9	3	6	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	0	0	0	0	0	4-1	
+ - Overtime																												