



49

JAY HIGGINS IV

ILB

6-0 / 230

COLLEGE: IOWA

AGE: 24 HOMETOWN: INDIANAPOLIS, IN

EXP. (NFL/RAVENS): 2/2 GP/GS (PLAYOFFS): 11/0



— KEY TRANSACTIONS —

- Activated from Injured Reserve on 12/27/25
- Placed on Injured Reserve on 11/16/25
- Signed with the Ravens as an undrafted rookie free agent on 5/3/25

— CAREER HIGHLIGHTS —

- Played in 11 games as a rookie in 2025, totaling 3 tackles on defense, while adding 7 ST tackles (3 solo) and 1 ST FF

— PERSONAL —

- Started playing football at the pee-wee level...Also played basketball growing up and through high school, including on the AAU circuit...Was a three-year letterman in basketball and named the Conference Player of the Year as a senior after averaging 15 points per game
- Studied environmental policy and planning at Iowa
- Father, Roy, is a pastor and used to coach him in youth basketball
- Full name is Roy Jebaz “Jay” Higgins IV

2025: BALTIMORE RAVENS (11/0)

- Played in 11 games as a rookie, totaling 3 tackles on defense, while adding 7 ST tackles (3 solo) and 1 ST FF
- Recorded 2 tackles in his first game since Week 10, a 41-24 victory at GB (12/27), helping limit the Packers to just 79 total rushing yards and 0-of-2 (0%) on fourth down
- Registered 1 solo tackle and his first-career FF on special teams vs. Chi. (10/26)

— COLLEGE —

- Appeared in 59 games (29 starts) across five seasons (2020-24) at Iowa, collecting 341 tackles (157 solo), including 9 TFLs, 3.5 sacks, 14 PD, 3 FFs and 5 INTs
- Led the FBS in combined tackles (295) over his last two seasons

- Started all 13 games in his final season with the Hawkeyes, totaling a team high 124 tackles (53 solo), including 2.5 TFL, 1 sack, 9 PD, 2 FFs, 1 FR and 4 INTs, becoming the only player from a major conference with at least 100 tackles and 4 INTs on the year...Named unanimous All-American, first-team All-Big Ten, Big Ten LB of the Year and team captain...Posted a season-high 14 tackles in three consecutive games – at Michigan State (10/19), vs. Washington (10/12) and at No. 3 Ohio State (10/5)
- Started all 14 games in 2023, collecting an FBS-best 171 tackles, including 5 TFL, 2 sacks, 5 PD, 1 FF and 1 INT...His 171 total tackles also tied an Iowa program record...Named first-team All-American, first-team All-Big Ten and team captain...Recorded 15-plus tackles in three games and 10-plus tackles in 10 games...Played the most coverage snaps by a LB without allowing a TD (472) in 2023...Led the team with a career-high 18 tackles (10 solo) at Penn State (9/23)...Registered a team-high 16 tackles (14 solo) and 1 sack in the Citrus Bowl vs. Tennessee (1/1)
- Appeared in 12 games (two starts) in 2022, posting 39 tackles, including 1.5 TFL and a half-sack... Collected 2 tackles (1 solo) and recovered a blocked punt – that led to a Hawkeye TD – in the 24 – 10 win vs. Wisconsin (11/12)...Registered a season-high 11 tackles (6 solo) in the 33-13 win vs. Northwestern (10/29)
- Appeared in 14 games for Iowa in 2021, registering 5 tackles...Recorded 2 solo tackles and 1 FR on special teams that led to an Iowa TD in the 51-14 win at Maryland (10/1)
- Appeared in six games during the COVID-shortened 2020 season, collecting 2 solo tackles

— HIGH SCHOOL —

- Attended Brebeuf Jesuit Prep (IN), where he was a four-year letterman in football (LB and TE) and helped lead the team to the 2017 3A state championship game during his sophomore season...Finished his career as the school’s all-time leader in tackles (471) and led the conference in tackles for three consecutive seasons

JAY HIGGINS IV'S NFL REGULAR SEASON DEFENSIVE STATISTICS																											
DATE	TEAM	GP	GS	TACKLES							INTERCEPTIONS					FUMBLES				ST				MISC			
				TK	S	A	TFL	YDS	SK	YDS	QBH	NO	YDS	LG	TD	PD	FF	FR	TD	YDS	TK	S	A	FF	FR	S	A
2025	Ravens	11	0	3	0	3	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0	0	7	3	4	1	0	0	0
NFL TOTALS		11	0	3	0	3	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0	0	7	3	4	1	0	0	0

JAY HIGGINS IV'S SINGLE-GAME HIGHS: DEFENSIVE

Total Tackles
Special Teams Tackles

2 at Green Bay Packers, Dec 27, 2025
2 at Minnesota Vikings, Nov 09, 2025

Special Teams Forced Fumbles

1 vs. Chicago Bears, Oct 26, 2025