

**74****G****6-4 | 330****JOHN SIMPSON****COLLEGE: CLEMSON****AGE: 28 HOMETOWN: CHARLESTON, SC****EXP. (NFL/RAVENS): 7/2 GP/GS (PLAYOFFS): 86/72 (3/3)**

— KEY TRANSACTIONS —

- Signed a three-year contract (through 2028) with the Ravens on 3/12/26
- Signed a two-year contract with the Jets on 3/13/24
- Signed a Reserve/Future contract with Baltimore on 1/16/23
- Signed to Baltimore's practice squad on 12/19/22
- Waived by Las Vegas on 12/10/22
- Originally selected by the Las Vegas Raiders in the fourth round (109th overall) of the 2020 NFL Draft

— CAREER HIGHLIGHTS —

- Started all 17 games at LG in 2025, where he was part of a starting OL unit that did not miss a game together...Marked the first time since 2012 that the Jets used the same OL combination in every game...Blocked for an offense that finished Top 10 in rushing average (123.3 ypg) and averaged 3.9 yards per carry against a stacked box (8+ defenders), the NFL's fourth-highest rate and the highest by a Jets offense in the Next Gen Stats era (since 2016)
- Started all 17 games at LG in 2024 and was part of an OL that allowed pressure on just 6.4% of pass block snaps, the NFL's fifth-best rate...Selected by the coaching staff as the recipient of the 2024 Selfless Warrior Award, given to the player who gives the most of himself for the team
- Started in all 17 games at LG in 2023, helping block for the NFL's No. 1 rushing offense (156.6 ypg) and No. 4 scoring offense (28.4 ppg)
- Saw action in 11 games (two starts) for Las Vegas in 2022 prior to his Baltimore arrival (12/19/22)
- Started all 17 games and one postseason contest at LG in 2021, helping the 10-7 Raiders clinch their first winning season and playoff berth since 2016, with each also marking firsts in their Las Vegas era...Blocked for the NFL's No. 6 passing offense (268.6 ypg), which finished with the league's fourth-best completion percentage (68.3%)
- Appeared in seven games (two starts) in his rookie campaign in 2020, contributing to a Raiders offense that ranked No. 8 overall (383.3 ypg), No. 7 in passing (263.6 ypg) and No. 6 on third down (46.0%)

— PERSONAL —

- Became the first high school student to land a job at the Halls Chophouse in downtown Charleston, serving tables at the renowned establishment
- Interested in becoming a social worker or guidance counselor after his professional football career
- Joined North Charleston Mayor Keith Summey on April 7, 2016, to become "Mayor for the Day" and receive his key to the city

2025: (NEW YORK JETS – 17/17)

- Started all 17 games at LG where he was part of a starting OL that did not miss a game together...Marked the first time since 2012 that the Jets used the same OL combination in every game...Blocked for an offense that finished Top 10 in rushing average (123.3 ypg) and averaged 3.9 yards per carry against a stacked box (8+ defenders), the NFL's fourth-highest rate and the highest by a Jets offense in the Next Gen Stats era (since 2016)

2024: (NEW YORK JETS – 17/17)

- Started all 17 games at LG, where he was part of an OL that allowed pressure on just 6.4% of pass block snaps, the NFL's fifth-best rate
- Selected by the coaching staff as the recipient of the 2024 Selfless Warrior Award, given to the player who gives the most of himself for the team
- Blocked for an offense that matched a season-high 32 points and registered 400 total net yards at Jax. (12/15)
- Part of an offense that did not concede any turnovers while eclipsing over 100 passing and rushing yards vs. Ten. (9/15)
- Paved way for a season-high 133 rushing yards vs. NE (9/19)

2023: (BALTIMORE RAVENS – 17/17, 2/2)

- Started in all 17 games at LG, helping block for the NFL's No. 1 rushing offense (156.6 ypg) and No. 4 scoring offense (28.4 ppg)...The ground game eclipsed 100 yards in all 17 contests, while also setting a single-season franchise record with 26 rushing TDs
- Started at RG, helping block for a Ravens offense that scored twice through the air and twice on the ground, while producing the third-highest postseason rushing mark (229 yards) in franchise history, in the 34-10 Divisional Playoff win vs. Hou. (1/20/24)
- Started at LG, blocking for an offense that produced 491 yards of offense (331 passing & 160 rushing) and a season-high 56 points in the No.-1-seed-clinching 56-19 win vs. Mia. (12/31)...Baltimore's 56 points also marked the second-highest total in franchise history and the most points ever scored at M&T Bank Stadium
- Started at LG, blocking for an offense that rushed for 251 yards and 1 TD in the playoff-clinching 23-7 win at Jax. (12/17)...Baltimore's 251 rushing yards marked the 30th-straight game in which the rushing attack broke 100+ yards, tying for the fourth-longest streak since the 1970 merger
- Started at LG, blocking for a rushing attack that produced a season-best 298 yards and 3 TDs in the 37-3 win vs. Sea. (11/5)...Baltimore recorded a season-high 515 total yards and 29 first downs, while its 298 rushing yards marked the fourth-best single-game output in franchise history

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- Started at LG, helping block for an offense that rushed for 130 yards and scored TDs on all 4 red zone trips, including a career-high 3 rushing TDs by RB Gus Edwards, the 31-24 win at Ari. (10/29)
- Started at LG, helping QB Lamar Jackson complete 21-of-27 passes for a season-high 357 yards and 3 TDs, while adding 1 rushing TD, in the 38-6 win vs. Det. (10/22)...Baltimore recorded 503 total yards and scored a TD on 5 of its 6 red zone possessions
- Started at LG in the 22-19 OT defeat vs. Ind. (9/24)...Helped block for an offense that rushed for 186 yards and 2 rushing TDs on 37 carries
- Started at LG in the 27-24 victory at Cin. (9/17)...Helped block on an OL that didn't permit a sack and created lanes for a rushing attack that totaled 178 yards and 1 TD on 37 carries
- Started at LG in his Ravens debut in the 25-9 season-opening win vs. Hou. (9/10)...Blocked on 100% of offensive snaps, helping the offense produce 3 rushing TDs for the first time since 10/17/21 vs. LAC

2022: (BALTIMORE RAVENS / LV RAIDERS – 11/2, 0/0)

- Saw action in 11 games (two starts) for Las Vegas prior to joining Baltimore's practice squad (12/19)
- Filled in for G Alex Bars, who left the game with a knee injury on the first drive, at LAR (12/8)
- Started and saw action in every offensive snap vs. Ari. (9/18), helping the offense convert a first down on 6-of-11 (54.5%) third-down attempts
- Started and appeared in every offensive snap in the season opener at LAC (9/11)...Recovered QB Derek Carr's fourth-quarter fumble, keeping the Raiders' comeback hopes alive

2021: (LAS VEGAS RAIDERS – 17/17, 1/1)

- Started all 17 games and one postseason contest at LG, helping the 10-7 Raiders clinch their first winning season and playoff berth since 2016, with each also marking firsts in their Las Vegas era...Blocked for the NFL's No. 6 passing offense (268.6 ypg), which finished with the league's fourth-best completion percentage (68.3%)
- Started at LG, helping the offense tally 385 total yards (282 passing & 103 rushing) in the Wild Card defeat at Cin. (1/15/22)
- Started at LG in the regular season finale vs. LAC (1/9/22), helping pave the way for a season-high 174 rushing yards en route to an OT victory
- Started at LG, helping pave the way for 160 rushing yards in the win vs. Den. (12/26)
- Helped paved the way for a season-high 509 total net yards (366 passing & 143 rushing) in an OT win at Dal. (11/25)...Tied a season-high 28 first downs and recorded their first 500-yard output since 2018 (9/30 vs. Cle.)
- Started at LG and helped pave the way for 403 yards of total offense, including 117 on the ground, in a win at NYG (11/7)...Part of an OL that allowed just 1 sack in the contest

- Started at LG on an offensive line that posted its first clean sheet of the season and helped QB Derek Carr complete 31-of-34 (91.2%) passes for 323 yards in a win vs. Phi. (10/24)
- Served as the starting LG for an offense that registered 426 yards, including 340 through the air, in a win at Den. (10/17)...Helped allow RB Kenyan Drake to become the first Raider with a TD reception and TD run the same game since RB Darren McFadden in 2011 (9/18 at Buf.)...QB Derek Carr also netted a season-high 134.4 passer rating in the contest
- Started at LG, contributing on an offensive line that allowed the Raiders to post 497 total yards of offense (357 passing & 140 rushing) in a win vs. Mia. (9/26)...Las Vegas also recorded a season-highs in first downs (28), gains of 20-plus yards (10) and third-down conversion percentage (53.3%)...It marked the first time in franchise history that the team began a season with three consecutive 400-yard performances
- Started at LG, helping block for an offense that completed 28-of-37 (75.7%) passes for 373 yards in a win at Pit. (9/19)...Also recovered QB Derek Carr's fumble, keeping alive a drive that resulted in a K Daniel Carlson 46-yard FG
- Served as the starting LG in the season-opening win vs. Bal. (9/13), helping the offense record a season-high 409 passing yards

2020: (LAS VEGAS RAIDERS – 7/2)

- Appeared in seven games (two starts) in his rookie campaign, contributing to a Raiders offense that ranked No. 8 overall (383.3 ypg), No. 7 in passing (263.6 ypg) and No. 6 on third down (46.0%)
- Started at LG in the season finale, helping the offense record 465 total yards, including 359 through the air, in a win at Den. (1/3/21)...This set a single-season franchise record for most consecutive games reaching 400 yards (five)
- Saw action at LG after entering the game in the second quarter for an injured G/T Denzelle Good vs. Mia. (12/26)...Helped the offense net 418 total yards (314 passing & 104 rushing)
- Entered the game at RG vs. TB (10/25), seeing action in 21 offense snaps
- Made his first-career start at LG and was part of an offensive line that helped QB Derek Carr claim sole possession of second place for most TD passes (149) and multi-TD games (43) in franchise history at NE (9/27)
- Saw extensive action at LG in his NFL debut vs. NO (9/21), helping the offense convert 3-of-4 red zone drives into TDs and 10-of-17 (58.8%) third-down tries into first downs...The Raiders' 28 total first downs marked a season high

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— COLLEGE —

- Was a four-year letterman at Clemson (2016-19), appearing in 50 games (29 starts) at both LG & RG during his collegiate career...Helped the Tigers post a 29-1 record and a 2018 National Championship during his two seasons (2018-19) as a full-time starter
- Earned consensus All-America honors and was a first-team selection of the AFCA, FWAA, *Sporting News* and WCFF, while being named a second-team All-American by the *Associated Press* for a 14-1 team that finished with a No. 2 ranking in 2019...Clemson's offense averaged the nation's fourth-most points per game (43.9) and fifth-most total yards per game (528.9)
- Earned second- and third-team All-ACC recognition for his contributions on a 15-0 Championship team that averaged the nation's fourth-most points per game (44.3) and third-most total yards per game (523.5) in 2018
- Graduated with a degree in sociology from Clemson

— HIGH SCHOOL —

- Prepped at Fort Dorchester (North Charleston, SC) HS, where he was named 2015 Palmetto Lineman of the Year and finalist for Mr. Football in the state of South Carolina
- In 2015, helped the Patriots to an 11-0 record that marked the program's first undefeated regular season
- Won a state championship in wrestling as a junior

JOHN SIMPSON'S NFL REGULAR SEASON STATISTICS

DATE	TEAM	GP	GS
2020	Raiders	7	2
2021	Raiders	17	17
2022	Raiders	11	2
Went from Las Vegas to Baltimore .			
2022	Ravens	0	0
2022	TOTAL	11	2
2023	Ravens	17	17
2024	Jets	17	17
2025	Jets	17	17
NFL TOTALS		86	72

JOHN SIMPSON'S NFL POSTSEASON STATISTICS

DATE	TEAM	GP	GS
2021	Raiders	1	1
2022	Ravens	0	0
2023	Ravens	2	2
NFL TOTALS		3	3