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ROGER ROSENGARTEN

COLLEGE: WASHINGTON

AGE: 24 HOMETOWN: HIGHLANDS RANCH, CO

EXP. (NFL/RAVENS): 3/3 GP/GS (PLAYOFFS): 34/31 (2/2)



— KEY TRANSACTIONS —

- Roger Rosengarten was selected by the Ravens in the second round (62nd overall) of the 2024 NFL Draft

— CAREER HIGHLIGHTS —

- Started all 17 games at RT in 2025, helping pave the way for an offense that ranked No. 1 in the NFL in yards per rush (5.3), No. 2 in rushing yards per game (156.6) and No. 3 in rushing TDs (23)...Baltimore's offense also ranked seventh in yards per play (5.8) and 11th in points per game (24.9)
- Appeared in all 17 games as a rookie in 2024, making 14 starts at RT, blocking for an offense that ranked No. 1 in the NFL in yards per game (424.9), yards per play (6.8 – third-best single-season mark in NFL history) and red zone efficiency (74.2%) and No. 3 in points per game (30.5), while setting a franchise single-season record with 7,224 net yards...Baltimore's rushing attack also averaged an NFL-best 187.6 ypg and 5.8 ypc (best figure in single-season NFL history)...Earned *PFWA* All-Rookie Team (2024)

— PERSONAL —

- Was a two-sport athlete (football and basketball) at Valor Christian...Also played baseball as a kid
- Worked out in the concourse of Husky Stadium when the team was unable to use the locker room and practice field before the 2020 season due to COVID restrictions
- Moved to RT his last two years at UW
- Ran the fastest 40-yard dash by an OL at the 2024 Combine (4.92)
- Played basketball, soccer, baseball and flag football before he took up football...The summer before high school, his baseball team made it to the Colorado USSSA state championship game...Coached by former Denver Broncos Ben Hamilton and Tyler Polumbus in high school

2025: (BALTIMORE RAVENS – 17/17)

- Started all 17 games at RT, helping pave the way for an offense that ranked No. 1 in the NFL in yards per rush (5.3), No. 2 in rushing yards per game (156.6) and No. 3 in rushing TDs (23)...Baltimore's offense also ranked seventh in yards per play (5.8) and 11th in points per game (24.9)
- Started at RT, helping block for an offense that totaled 414 net yards, including 307 rushing (fourth most in Ravens single-game history), in Baltimore's 41-24 victory at GB (12/27)...With 216 rushing yards (third most in single-game franchise history), RB Derrick Henry became the NFL's all-time leader in 200-yard games (seven)...The Ravens also recorded 22 rushing first downs, marking the most in single-game franchise history

- Started at RT, blocking for an offense that totaled 432 yards (238 rushing & 194 passing) and 5 TDs at Buf. (9/7)...Baltimore (238) registered its ninth-straight game with 150+ rushing yards (including the postseason), which ties for the NFL's longest streak over the last 50 seasons

2024: (BALTIMORE RAVENS – 17/14, 2/2)

- Appeared in all 17 games, making 14 starts at RT, blocking for an offense that ranked No. 1 in the NFL in yards per game (424.9), yards per play (6.8 – third-best single-season mark in NFL history) and red zone efficiency (74.2%) and No. 3 in points per game (30.5), while setting a franchise single-season record with 7,224 net yards...Baltimore's rushing attack also averaged an NFL-best 187.6 yards per game and 5.8 yards per carry (best figure in single-season NFL history)...Earned *PFWA* All-Rookie Team (2024)
- Started at RT in his playoff debut, helping block for an offense that totaled 464 yards (third most in franchise playoff history), including a franchise playoff-record 299 rushing yards, in the 28-14 Wild Card win vs. Pit. (1/11/25)...The Ravens were 10-of-15 (66.7%) on third down, marking the franchise's best single-game playoff figure ever
- Started at RT, helping block for an offense that totaled 437 yards (217 passing & 220 rushing) and 4 TDs in the 35-10 win vs. Cle. (1/4)...Baltimore's rushing attack averaged 6.3 yards per carry, marking their 14th time recording at least 5.0 yards per carry in a game this season, a new franchise record
- Started at RT, blocking for an offense that totaled 432 yards (181 passing & 251 rushing) and scored a TD on all three red zone drives in the 31-2 win at Hou. (12/25)...Helped Baltimore reach over 400 yards of total offense for a franchise-record ninth time on the season...Baltimore also averaged at least 7 yards per play for the seventh time on the season, tying (SF in 2023 and NO in 2011) for the most-such games in NFL single-season history
- Started at RT, blocking for an offense that totaled 418 yards (198 passing & 220 rushing) in the 34-17 win vs. Pit. (12/21)...Helped Baltimore become the first team in NFL history to register at least 3,500 passing yards and 2,500 rushing yards through the first 15 games of a season...The Ravens tallied at least 30 points for a franchise-record ninth time on the season
- Started at RT, helping block for an offense that totaled 445 yards (275 passing & 170 rushing) and 5 TDs in the 35-14 win at NYG (12/15)...Baltimore converted on 9-of-11 third-down attempts, marking a season-best 81.8% success rate
- Blocked for an offense that totaled 30 points and 389 yards (177 passing & 212 rushing), while reaching the end zone on 2-of-2 red zone opportunities, in the MNF win at LAC (11/25)

70 ROGER ROSENGARTEN

- Started at RT, blocking for an offense that tallied 5 TDs in the 41-10 win vs. Den. (11/3)...Baltimore's 14.2 yards gained per pass attempt (269 yards on 19 attempts) was the third-best mark in single-game franchise history...Helped QB Lamar Jackson set an NFL record with his fourth-career game with a perfect 158.3 passer rating (min. 15 attempts each game)
- Started at RT, blocking for an offense that totaled 508 yards (ninth-best single-game output in Ravens history) in the 41-31 win at TB (10/21)...The Ravens' 8.1 yards per rush was third-highest mark in single-game franchise history
- Started at RT, helping block for an offense that totaled 484 yards (308 passing & 176 rushing) and 3 TDs in the 30-23 win vs. Was. (10/13)...Baltimore registered an NFL-record sixth-straight game with at least 150 yards and 1 TD each through the air and on the ground
- Started at RT, helping block for an offense that totaled 520 (345 passing & 175 rushing) yards and converted 10-of-15 (66.7%) third-down attempts, en route to the 41-38 OT win at Cin. (10/6)...The Ravens became the fifth team since 1980 with at least 1,000 rushing yards through their first five games of a season
- Made his first career start at RT, blocking for an offense that totaled 427 yards (271 rushing and 156 passing) and 5 TDs in the 35-10 win vs. Buf. (9/29)...Baltimore's 7.97 yards per carry ranked as the third-best mark in single-game franchise history (8.79 vs. NYG in 2022 and 8.37 vs. Cle. in 2003)
- Made his NFL debut at KC (9/5), playing 20 snaps on offense, while adding 5 ST snaps...Helped Baltimore total 452 yards (185 rushing & 267 passing) and 5.8 yards per carry

— COLLEGE —

- Appeared in 31 games (19 starts), primarily at RT, during his four-year career (2020-23) at Washington...Helped the team attain a 14-1 mark (undefeated in the regular season), win the Pac-12 Championship and reach the College Football National Championship in his final season (2023)

- College honors included: second-team All-America by *Sportskeeda* (2023); honorable mention All-Pac-12 (2023); first-team Freshman All-America by *FWAA* (2022); first-team Freshman All-America by *College Football News* (2022); third-team All-Pac-12 by *PFF* (2022); midseason Freshman All-America by *Fox Sports* (2022); second-team All-Pac-12 by *Pro Football Network* (2022); freshman All-Bowl Team by *College Football News* (2022); Pac-12 Academic Honor Roll (2021)
- Blocked for left-handed QB Michael Penix Jr. (2022-23), serving as the blindside protector for the 2023 Maxwell Award Winner (which is presented to the best player in college football), 2023 Heisman Trophy finalist and 2022 *AP* Comeback Player of the Year
- Never gave up a sack during his collegiate career

— HIGH SCHOOL —

- Attended Valor Christian (Denver, CO) HS where he was a three-sport athlete (football, basketball and baseball)...Lettered in both football (four years) and basketball (two years)...Began as a tight end before switching to the offensive line his junior year of high school, when Ed McCaffrey, former Stanford and longtime NFL WR, took over as Valor's head coach...Amassed over 100 tackles in 48 career games...Won a pair of state titles in football (2016 and 2018)...Averaged 15.6 points and 7.6 rebounds per game as a junior on the basketball team, earning honorable mention 5A All-State in basketball
- Selected to play in the 2020 Polynesian Bowl and the 2020 All-American Bowl
- Named to the *Tacoma News-Tribune's* "Western 100" in 2020
- Helped lead the Eagles to a 10-2 record and a trip to the state 5A quarterfinals as a senior in 2019
- Earned Class 5A first-team All-State on the defensive line and first-team Colorado Community Media All-South Metro as a junior in 2018
- Listed as the No. 85 recruit and No. 9 offensive tackle in the country, as well as the No. 1 player in Colorado, by *247Sports*...Rated the No. 128 overall prospect and No. 14 tackle, as well as Colorado's No. 2 recruit, by *com*...Ranked the No. 25 tackle and No. 3 recruit in the state by *ESPN*

ROGER ROSENGARTEN'S NFL REGULAR SEASON STATISTICS

DATE	TEAM	GP	GS
2024	Ravens	17	14
2025	Ravens	17	17
NFL TOTALS		34	31

ROGER ROSENGARTEN'S NFL POSTSEASON STATISTICS

DATE	TEAM	GP	GS
2024	Ravens	2	2
NFL TOTALS		2	2