



— KEY TRANSACTIONS —

- Signed a multi-year contract extension on 8/5/26
- Zay Flowers was selected by the Ravens in the first round (22nd overall) of the 2023 NFL Draft

— HONORS —

- Two-time Pro Bowler (2024-25)
- Pepsi Zero Sugar Rookie of the Week (Week 17, 2023)

— CAREER HIGHLIGHTS —

- Started all 17 games for the Ravens in 2025, tallying team highs and career bests in receptions (86) and receiving yards (1,211), to go along with 5 receiving TDs...Earned his second-consecutive Pro Bowl nod, ranking 11th in the NFL in receptions and seventh in receiving yards...Became the first Raven to notch multiple 1,000-yard campaigns within the first three seasons of an NFL career
- Tallied his 100th-career reception in his 21st-career game, becoming the fastest player in Ravens history (21 games) to reach the mark
- Tied WR Torrey Smith (19 games) as the fastest player in Ravens history to reach 1,000 career receiving yards
- Played in all 17 games (15 starts) in 2024, recording 74 receptions for 1,059 yards and 4 TDs, en route to his first-career Pro Bowl nod...Recorded five games with at least 100 receiving yards, tied for the most in the NFL and tied with Mark Andrews (2021) for the most such games in Ravens single-season history...Contributed to an offense that ranked No. 1 in the NFL in yards per game (424.9), yards per play (6.8 – third-best single-season mark in NFL history) and red zone efficiency (74.2%) and No. 3 in points per game (30.5), while setting a franchise single-season record with 7,224 net yards
- Started in 16 games in 2023, registering Ravens rookie records in catches (77) and receiving yards (858), while adding 6 total TDs (5 receiving and 1 rushing)...His Ravens rookie-record marks in catches (third) and receiving yards (fourth) each ranked Top 5 among 2023 first-year NFL WRs...Was one of six Ravens to eclipse 300 receiving yards, as Baltimore tied (Cincinnati, Detroit, Green Bay and Washington) for the NFL's most players reaching that mark...Contributed to an offense that ranked fourth in scoring (28.4 ppg) and No. 6 in total yards (370.4 ypg)

— PERSONAL —

- Xavien "Zay" Kevonn Flowers was the 11th of 14 children (10 boys and 4 girls) born to Willie Flowers and the late Jackie Walden
- Wears the No. 4 because he is the fourth youngest of 14 kids

- Attended University School (Fort Lauderdale, FL), where he played varsity HS football with Georgia RB Kenny McIntosh, who was selected in the seventh round of the 2023 NFL Draft by the Seattle Seahawks...During his senior year, Flowers also played with Brandon Inniss and Marcus Tate
- First fell in love with basketball and was a two-sport athlete in high school...Played alongside NBA players Scottie Barnes and Vernon Carey Jr., as well as Michigan basketball players, Jace and Jett Howard
- Received multiple NIL deals to transfer after his junior year, but stayed at Boston College for his senior year to become the first in his family to graduate from college
- Majored in communications at Boston College

2025: (BALTIMORE RAVENS – 17/17)

- Started all 17 games, tallying team highs and career bests in receptions (86) and receiving yards (1,211), to go along with 5 receiving TDs...Earned his second-consecutive Pro Bowl nod, ranking 11th in the NFL in receptions and seventh in receiving yards...Became just the third Raven to notch 1,000-yard campaigns in each of his first three NFL seasons
- Caught 4 passes for 138 yards and 2 TDs (50 yards & 64 yards) at Pit. (1/4/26)...With his third 100-yard performance of the season, tied Mark Clayton (9) for the second-most 100-yard games in a career in franchise history...His 2 TDs of 50+ yards in the fourth quarter marked the first time in franchise history that a player has recorded two such plays in a fourth quarter...Became the seventh player in team history to record 3,000 receiving yards and the fastest player to reach 3,000 receiving yards in franchise history (50 games), surpassing Derrick Mason (51 games)
- Registered 4 catches for 30 yards and 1 TD – a clutch 10-yard reception on third-and-9 late in the game – in Baltimore's 41-24 victory at GB (12/27)...Set a new personal best in single-season receiving yards (finished the game with 1,073)
- Totaled 84 receiving yards on 7 catches and added an 18-yard rushing TD vs. NE (12/21)...Became the third player (Derrick Alexander & Derrick Mason) in franchise history to record 1,000 receiving yards in back-to-back seasons
- Recorded 68 yards and 1 receiving TD on 3 catches (22.7 avg.) in Baltimore's 24-0 victory at Cin. (12/15)...Surpassed Qadry Ismail (2,819) for the seventh-most receiving yards in franchise history
- Notched a team-high 124 yards on 8 catches vs. Pit. (12/7)...Marked his eighth career game with over 100 receiving yards, which tied Steve Smith Sr. for the third-most such games in franchise history

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- Recorded a team-high 58 yards on 5 receptions (11.6 avg.) in Baltimore's 23-10 win vs. NYJ (11/23)...With a 14-yard reception in the second quarter, surpassed Anquan Boldin (2,645) for the ninth-most career receiving yards in franchise history
- Notched 78 yards, including a 45-yard catch, on 3 receptions (26.0 avg.) in the 23-16 win at Cle. (11/16)...Surpassed Michael Jackson (2,596) for 10th on the Ravens' all-time receiving yards list
- Recorded a team-high 72 receiving yards on 5 catches (14.4 avg.), including a 56-yard reception – the second-longest of his career – vs. Hou. (10/5)
- Recorded a team-high 74 receiving yards on 7 catches (10.6 avg.) at KC (9/28)
- Led the team with 75 receiving yards on 7 catches (10.7 avg.) vs. Cle. (9/14)
- Registered a career-high 143 receiving yards on 7 catches (20.4 avg.), including a 23-yard TD at Buf. (9/7)...His 143 receiving yards were the second most by a Ravens pass catcher in a single game since the 2020 season, trailing only Mark Andrews (147 yards, 10/11/21 vs. Ind.)
- Posted a team-high 62 receiving yards on 5 catches in the MNF win at LAC (11/25)
- Tallied 2 receptions for 39 yards and 1 TD, a 16-yard score with just over one minute remaining that gave the Ravens a chance to tie the game at Pit. (11/17)
- Tallied 5 receptions for 127 yards and 2 TDs in the 41-10 win vs. Den. (11/3)...Marked his first-career multi-TD receiving performance...Became the fifth player in franchise history to tally four games with at least 100 receiving yards in a season
- Posted team highs in both receptions (7) and receiving yards (115), reaching the century mark in receiving yards for the third time in the past four games, at Cle. (10/27)
- Tied a career high with 9 catches for a game- and career-high 132 yards in the 30-23 win vs. Was. (10/13)...His 9 catches, all in the first half, marked a Ravens' all-time first-half record, while his 132 receiving yards marked the fourth most by a Raven in a first half...Became the first Raven since TE Mark Andrews (2021, Weeks 14-17) and first Ravens WR since Mike Wallace (2016, Weeks 7-9) to post consecutive games with at least 100 receiving yards
- Finished with 7 catches for a team- and career-high 111 yards in the 41-38 OT win at Cin. (10/6)...Tallied his 100th-career reception in the contest, becoming the fastest player in Ravens history (21 games) to reach the mark
- Registered 3 catches for 20 yards, including a critical 9-yard gain on third-and-6 to move the chains with 2:36 remaining in regulation, in the 28-25 win at Dal. (9/22)...Tied WR Torrey Smith for the fewest games played (19) by a Raven to reach 1,000 career receiving yards
- Posted team highs in catches (7) and receiving yards (91), along with 1 TD vs. LV (9/15)...The 8-yard scoring grab capped a 6-play, 70-yard drive and marked his first TD of the season
- Produced 6 catches for 37 yards and 2 carries for 14 yards at KC (9/5)...Became the fastest player (17 games played) in Ravens history to total 10 games with at least 5 receptions

2024: (BALTIMORE RAVENS – 17/15, 0/0)

- Played in all 17 games (15 starts), recording 74 receptions for 1,059 yards and 4 TDs, en route to his first-career Pro Bowl nod...Became the first player in Ravens history to record a 1,000-yard receiving season within the first two years of his career...Recorded five games with at least 100 receiving yards, tied for the most in the NFL and tied with Mark Andrews (2021) for the most such games in Ravens single-season history...Became the fastest player in franchise history to reach 100 career receptions (21 games)...Contributed to an offense that ranked No. 1 in the NFL in yards per game (424.9), yards per play (6.8 – third-best single-season mark in NFL history) and red zone efficiency (74.2%) and No. 3 in points per game (30.5), while setting a franchise single-season record with 7,224 net yards
- Recorded 1 reception for 12 yards and 1 rush for 9 yards in the 35-10 win vs. Cle. (1/4) before leaving the game with a knee injury
- Collected 5 receptions for 100 receiving yards in the 34-17 win vs. Pit. (12/21)...His performance marked his fifth game of the season with 100+ receiving yards, tying TE Mark Andrews (five in 2021) for the most times reaching the mark within a single season in Ravens history...Surpassed 1,000 receiving yards on the season in the contest, becoming the first Raven to reach the coveted 1k mark within the first two years of an NFL career
- Tallied a team-high 6 receptions for 53 receiving yards, marking his third-consecutive game with at least 50 receiving yards, in the 35-14 win at NYG (12/15)
- Tallied 3 receptions for a game-high 74 yards (24.7 avg.) vs. Phi. (12/1)...Surpassed 800 receiving yards on the season, joining WR Torrey Smith (2011-12) as the only Ravens in franchise history with at least 800 receiving yards in each of the first two years of a career

2023: (BALTIMORE RAVENS – 16/16, 2/2)

- Started in 16 games, registering Ravens rookie records in catches (77) and receiving yards (858), while adding 6 total TDs (5 receiving and 1 rushing)...His Ravens rookie-record marks in catches (third) and receiving yards (fourth) each ranked Top 5 among 2023 first-year NFL WRs...Was one of six Ravens to eclipse 300 receiving yards, as Baltimore tied (Cincinnati, Detroit, Green Bay and Washington) for the NFL's most players reaching that mark...Contributed to an offense that ranked fourth in scoring (28.4 ppg) and No. 6 in total yards (370.4 ypg)
- Registered 5 receptions for a team-high 115 yards and 1 TD in the AFC Championship vs. KC (1/28/24)...Became the second rookie in Ravens history to tally at least 100 receiving yards in a playoff game, while his 115-yard receiving total marked the third-best output in Ravens postseason history...His 30-yard TD grab to tie the game in the first quarter marked the longest postseason receiving TD by a Ravens rookie

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- Made his postseason debut, tallying a team-high 4 receptions for 41 yards in the 34-10 Divisional Playoff win vs. Hou. (1/20/24)
- Recorded 3 catches for a team-best and career-high 106 yards, including a 75-yard TD grab that gave Baltimore a 20-13 lead, in the No.-1-seed-clinching 56-19 win vs. Mia. (12/31)...Posted his first-career 100-yard game and eclipsed WR Torrey Smith's record (841 receiving yards in 2011) for the most receiving yards by a Raven in a rookie campaign
- Registered team highs in receptions (9) and receiving yards (72), while adding 1 TD grab in the 33-19 win at SF (12/25)...His 9 receptions matched a single-game career high he set in his NFL debut (9/10/23 vs. Hou.)
- Registered a team-high 6 catches for 60 yards and 1 TD – a 21-yard score to help Baltimore re-gain the lead with 1:16 remaining in the fourth quarter – while then adding a key 2-point conversion, in the 37-31 OT win vs. LAR (12/10)
- Registered 5 catches for 25 yards and 1 TD, while adding a 37-yard rushing TD in the fourth quarter to seal the 20-10 win at LAC (11/26)...Became first Ravens WR to post a receiving TD and a rushing TD in a single game
- Registered 3 receptions for 43 yards in the 34-20 win vs. Cin. (11/16)...The 3 receptions brought his season total to 53, setting a new Ravens record for the most catches by a rookie
- Registered a team-high 5 receptions for 73 yards vs. Cle. (11/12)...Totaling 50 catches to this point, tied WR Torrey Smith's record for the most receptions by a rookie in franchise history
- Registered 4 receptions for 75 yards, including a long of 46, in the 38-6 win vs. Det. (10/22)...Joined Ja'Marr Chase as the only two NFL WRs since the 1970 merger to reach at least 50 scrimmage yards in each of the first seven games played of a career
- Tallied a team-high 6 receptions for 50 yards and his first-career TD in the 24-16 victory at Ten. (10/15 in London)...Joined Ja'Marr Chase (2021), CeeDee Lamb (2020) and Darnay Scott (1994) as the only WRs since the 1970 merger to record at least 50 scrimmage yards in each of the first six games of a career
- Posted 5 receptions for a team-high 73 yards at Pit. (10/8)...Became the second Raven in franchise history (also Marquise Brown in 2019) to eclipse 300 receiving yards through the first five games of a career
- Posted a team-high 8 receptions and 48 receiving yards in the 22-19 OT defeat vs. Ind. (9/24)...His 21 receptions through Weeks 1-3 mark the most by a Raven through three career games played
- Tallied 4 catches for 62 yards in the 27-24 victory at Cin. (9/17)...Posted a game-long 52-yard grab on the first offensive play following a S Geno Stone INT...The reception brought Baltimore inside the red zone and kickstarted a 4-play scoring drive that TE Mark Andrews capped with a 3-yard TD catch
- In his NFL debut, recorded a team-high 9 receptions for 78 yards, including 4 grabs that moved the chains on third down, in the 25-9 season-opening win vs. Hou. (9/10)...His 9 receptions mark the most ever by a Raven making an NFL debut

— COLLEGE —

- Played in 48 games (37 starts) during his four-year career with Boston College (2019-22), recording 200 receptions for 3,056 yards (15.3 avg.) and 29 TDs...Added 57 rushing attempts for 345 yards (6.1 avg.) and 2 TDs
- College honors included: first-team All-ACC (2022, 2020); third-team All-American by the *Associated Press* (2022); Biletnikoff Award (nation's top WR) semifinalist (2022); third-team All-ACC (2021)
- Finished his collegiate career as BC's all-time leader in receptions (200), career receiving yards (3,056) and career receiving TDs (29)
- Was named a semifinalist for the Biletnikoff Award as a senior in 2022 after setting the BC single-season mark in receiving TDs (12), tied the record for most receptions in a season (78) and produced the third most receiving yards (1,077) in school history
- Had a breakout sophomore campaign (2020) and became just the second BC wide receiver (Alex Amidon, 2012) to earn first-team All-ACC honors after recording 56 receptions for 892 yards (15.9 avg.) and 9 TDs
- Was initially recruited to Boston College as a defensive back, but quickly transitioned to wide receiver
- Never missed a game throughout his four-year BC career

— HIGH SCHOOL —

- Prepped at University School (Fort Lauderdale, FL), where he played all four years of varsity football as a wide receiver, running back and defensive back...Also lettered in basketball at University
- A three-star recruit, Flowers earned nearly 30 scholarship offers from FBS programs...Selected Boston College because of the educational component
- Helped guide a University team that earned back-to-back appearances (2017-18) in the Class 4A state semifinals
- As a senior, recorded 38 catches for 652 yards and 8 TDs, adding 1 rushing TD...Also had 2 INTs (one returned for a TD) on defense
- Had a breakout year as a junior, posting 48 receptions for 631 yards and 10 TDs for University

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ZAY FLOWERS' NFL REGULAR SEASON RUSHING/RECEIVING STATISTICS

DATE	TEAM	GP	GS	RECEIVING					RUSHING				
				NO.	YDS.	AVG.	LG	TD	NO.	YDS.	AVG.	LG	TD
2023	Ravens	16	16	77	858	11.1	75t	5	8	56	7.0	37t	1
2024	Ravens	17	15	74	1,059	14.3	53t	4	9	56	6.2	19	0
2025	Ravens	17	17	86	1,211	14.1	64t	5	10	62	6.2	18t	1
NFL TOTALS		50	48	237	3,128	13.2	75T	14	27	174	6.4	37T	2

ZAY FLOWERS' NFL POSTSEASON RUSHING/RECEIVING STATISTICS

DATE	TEAM	GP	GS	RECEIVING					RUSHING				
				NO.	YDS.	AVG.	LG	TD	NO.	YDS.	AVG.	LG	TD
2023	Ravens	2	2	9	156	17.3	54	1	2	4	2.0	3	0
2024	Ravens	0	0	0	0	0.0	0	0	0	0	0.0	0	0
NFL TOTALS		2	2	9	156	17.3	54	1	2	4	2.0	3	0

ZAY FLOWERS' SINGLE-GAME HIGHS: RUSHING/RECEIVING

Rush Attempts	2 vs. New York Jets, Nov 23, 2025 ...3 more at 2.	Longest Receptions	75t vs. Miami Dolphins, Dec 31, 2023
Rushing Yards	37 at Los Angeles Chargers, Nov 26, 2023	Receiving TDs	2 at Pittsburgh Steelers, Jan 04, 2026 ...1 more at 2.
Longest Runs	37t at Los Angeles Chargers, Nov 26, 2023	All-Purpose Yards	151 at Buffalo Bills, Sep 07, 2025
Rushing TDs	1 at Los Angeles Chargers, Nov 26, 2023	Most TDs	2 at Pittsburgh Steelers, Jan 04, 2026 ...2 more at 2.
Receptions	9 vs. Washington Commanders, Oct 13, 2024 ...2 more at 9.	Miscellaneous Tackles	1 vs. Houston Texans, Sep 10, 2023
Receiving Yards	143 at Buffalo Bills, Sep 07, 2025	Scrimmage Yards	151 at Buffalo Bills, Sep 07, 2025
Receiving Average	35.3 vs. Miami Dolphins, Dec 31, 2023		

ZAY FLOWERS' SINGLE-GAME HIGHS - POSTSEASON: RUSHING/RECEIVING

Rush Attempts	2 vs. Kansas City Chiefs, Jan 28, 2024	Receiving Average	23.0 vs. Kansas City Chiefs, Jan 28, 2024
Rushing Yards	4 vs. Kansas City Chiefs, Jan 28, 2024	Longest Receptions	54 vs. Kansas City Chiefs, Jan 28, 2024
Longest Runs	3 vs. Kansas City Chiefs, Jan 28, 2024	Receiving TDs	1 vs. Kansas City Chiefs, Jan 28, 2024
Receptions	5 vs. Kansas City Chiefs, Jan 28, 2024	All-Purpose Yards	119 vs. Kansas City Chiefs, Jan 28, 2024
Receiving Yards	115 vs. Kansas City Chiefs, Jan 28, 2024	Most TDs	1 vs. Kansas City Chiefs, Jan 28, 2024

ZAY FLOWERS' 100-YARD RECEIVING GAMES (9): REGULAR SEASON

DATE	TEAM	NO.	YDS.	AVG.	LG	TD
12/31/23	DOLPHINS	3	106	35.3	75t	1
10/06/24	at Bengals	7	111	15.9	26	0
10/13/24	COMMANDERS	9	132	14.7	44	0
10/27/24	at Browns	7	115	16.4	29	0
11/03/24	BRONCOS	5	127	25.4	53t	2
12/21/24	STEELERS	5	100	20.0	49	0
09/07/25	at Bills	7	143	20.4	39	1
12/07/25	STEELERS	8	124	15.5	35	0
01/04/26	at Steelers	4	138	34.5	64t	2

ZAY FLOWERS' 100-YARD RECEIVING GAMES (1): POSTSEASON

DATE	TEAM	NO.	YDS.	AVG.	LG	TD
01/28/24	CHIEFS	5	115	23.0	54	1